

Abstrak

Penelitian ini bertujuan untuk mengetahui perbedaan tingkat depresi remaja akhir berdasarkan tipe kepribadian (ekstrovert-introvert) di UKSW Salatiga. Populasi dalam penelitian ini adalah 2100 mahasiswa angkatan 2013 Universitas Kristen Satya Wacana di Salatiga. Jumlah sampel sebanyak 199 mahasiswa. Peneliti mengambil data yang diperlukan dengan menggunakan alat ukur *Beck Depression Inventory* (BDI) dan alat ukur Tipe Kepribadian (ekstrovert-introvert) dibuat oleh penulis berdasarkan teori Eysenck (dalam Lestari, 2008). Hasil yang didapat tidak ada perbedaan tingkat kecenderungan depresi mahasiswa berdasarkan tipe kepribadian (ekstrovert-introvert) di Universitas Kristen Satya Wacana Salatiga yang ditunjukkan dengan nilai signifikan $0,511 > 0,005$.

Kata Kunci : Depresi, Tipe Kepribadian (Ekstrovert-Introvert), remaja akhir



Abstract

This study aims to determine differences in the level of depression in the late teens tendency based on the type of personality (extrovert-introvert) at the Faculty of Psychology UKSW Salatiga. The population in this study were 2100 student of Satya Discourse 2013 Christian University in Salatiga. The total sample of 199 students. The researchers took the necessary data using a measuring instrument Beck Depression Inventory (BDI) and measuring instrument Personality Types (extrovert-introvert) prepared by author based on the theory of Eysenck (in Lestari, 2008). The results obtained there is no difference in the level of depression in the late teens tendency based on the type of personality (extrovert-introvert) at the Christian University Satya Discourse Salatiga indicated by the significant value of $0.511 > 0.005$.

Keywords: Depression, Personality Type (Extrovert-Introvert, Late teens tendency

