

Mikrobiom Manusia dan Pangan Fermentasi: Analisis Metagenom Tempe Indonesia

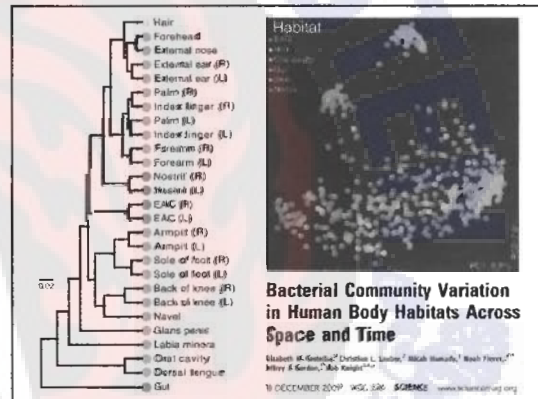
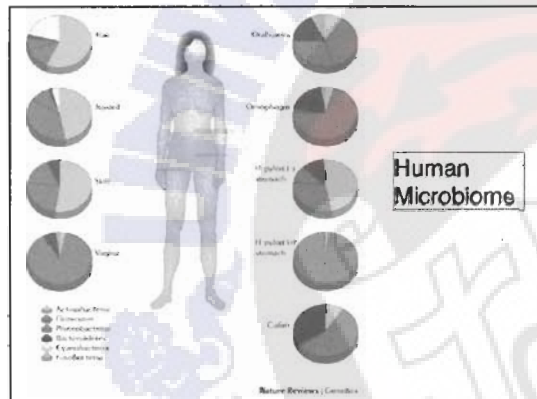
Antonius Suwanto
 Departemen Biologi, FMIPA
 Institut Pertanian Bogor
 E-mail: asuwanto@indo.nsl.id

Bhineka Tunggal Ika Tubuh Manusia

10,000,000,000,000 cells

Bacteria

- Microbiota in human ~10¹⁴ cells
- 100x genes in the human genome
- More prokaryotes than eukaryotes!
- Colon is a "microbial metropolis"
- >1000 bacterial strains (10¹¹ cells per gram feces)



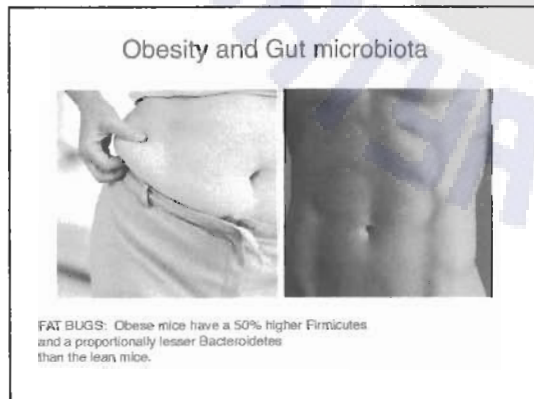
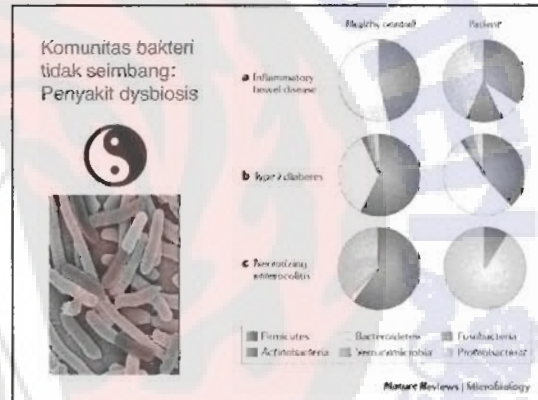
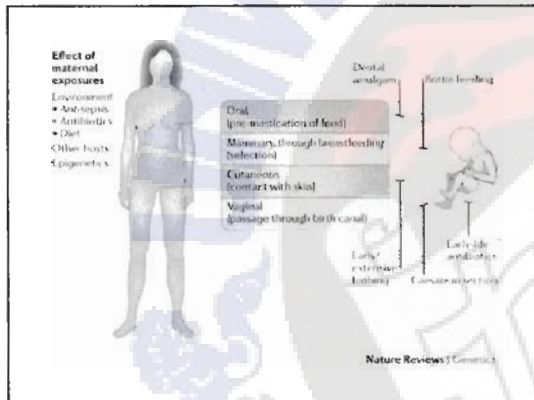
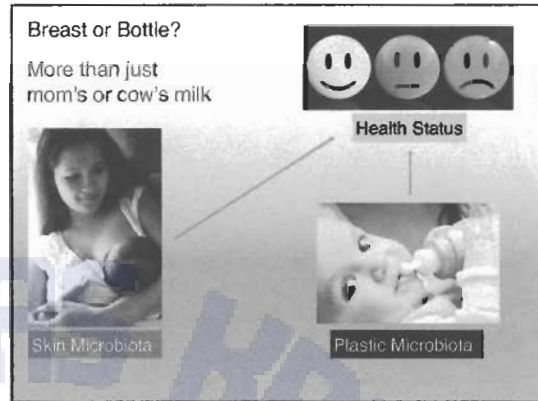
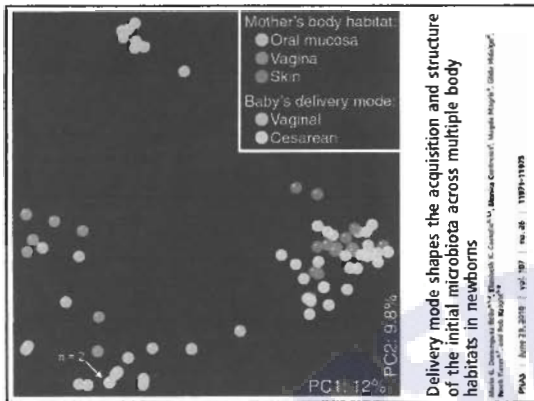
Sterile at birth
 Colonization begins immediately
 Adult population by 1 year

Where are the microbes from?

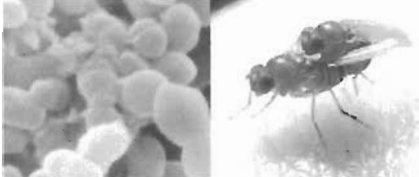
Hadiah pertama dalam hidup kita **dari Ibu**

Lactobacillus johnsonii

© 2007 Pearson Education, Inc. All rights reserved. Printed in the United States of America.

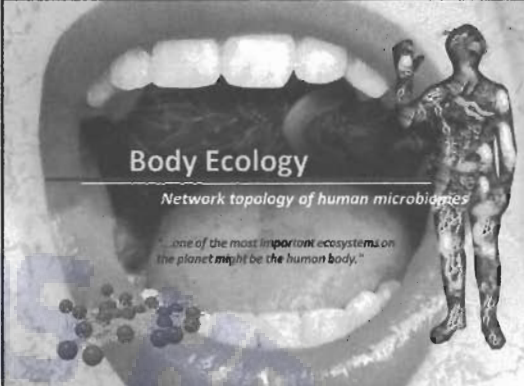


Gut bacteria change the sexual preferences of fruit flies
 By Ed Yong | November 1, 2012, 1:50 pm



Imagine taking a course of antibiotics and suddenly finding that your sexual preferences have changed. Individuals who you once found attractive no longer have that special allure. That may sound far-fetched, but some fruit flies at Tel Aviv University have just gone through that very experience. They're part of some fascinating experiments by Gil Sharon, who has shown that the bacteria inside the flies' guts can actually shape their sexual choices.

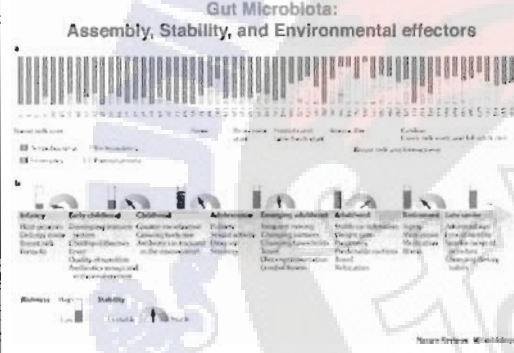
DOI: 10.1038/nrn3194 | 10.1038/nrn3194a | 10.1038/nrn3194b | 10.1038/nrn3194c



Body Ecology
 Network topology of human microbiomes

...one of the most important ecosystems on the planet might be the human body.

Gut Microbiota: Assembly, Stability, and Environmental effectors



Assembly **Stability**

Factors influencing assembly and stability include: Diet, Antibiotics, Stress, Inflammation, etc.



Human Microbiome

- Protection from infections
- Provide some vitamins/hormones
- Immunity
- Overall health and fitness

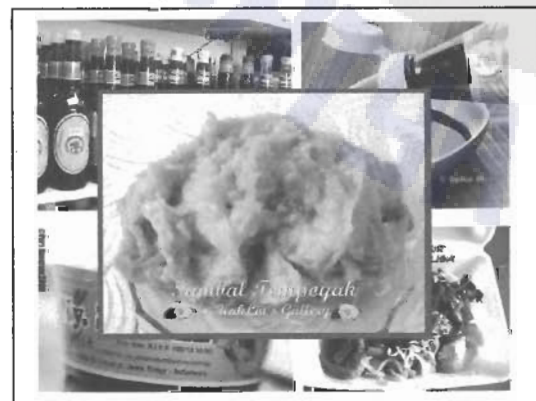
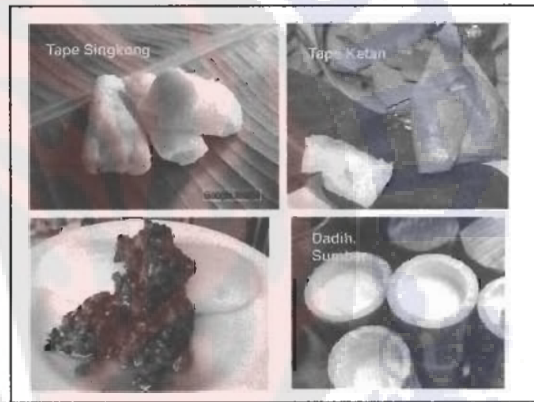
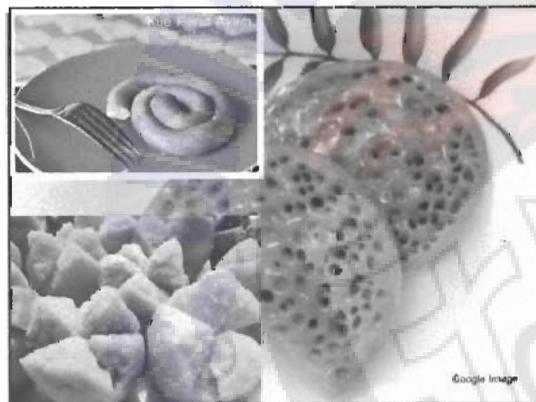
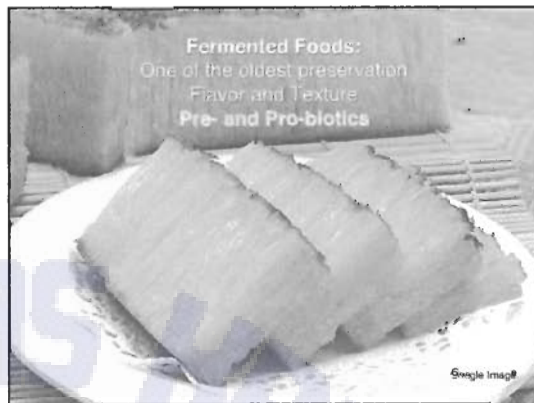
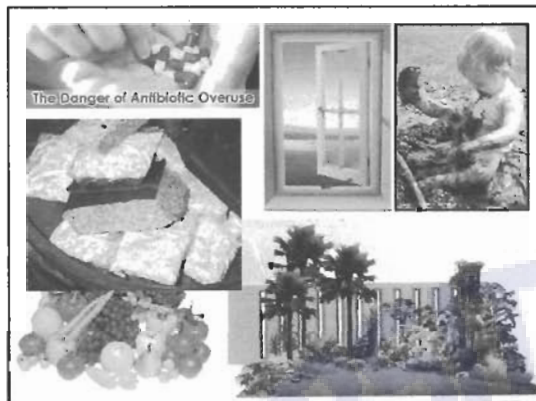


How to enrich our microbial diversity



Play with microbes

Pacu Jawi - Sumbar
 By Dr. Wei Sang Chen




TEMPE = Tempeh
 digelapkan fermentasi oleh *Rhizopus* sp. ke dalam *Rhizopus oligosporus*



An integral part of Indonesian culture, esp. for Javanese and Balinese

The only soy-based food
 Not originated from China

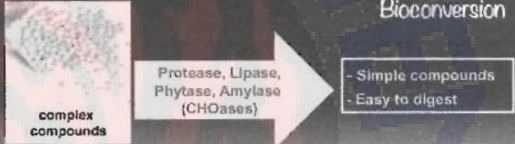


Tempeh as food

- More digestible vegetable protein
- World's richest-known vegetarian source of vitamin B12
- Rich in antioxidants (Daidzein, Genistein, Sitosterol)
- An excellent source organic chelating minerals
- Immunostimulant
- Free of chemical toxins
- Low cost



Tempeh: A Poly-microbial Bioconversion



Tempeh Fermentation > transforms the structure, flavor and nutrition content of soybean

1. Protein > digestible protein
2. Lipid > free fatty acid - flavor
3. Stachyose dan Raffinose > digestible sugars
4. Degradation of phytic acid > Increase mineral bioavailability
5. Synthesis of B12 vitamin

Tempeh fermentation

Who are they?
 What are they doing?
 How?
 Why?
 Functions in food?



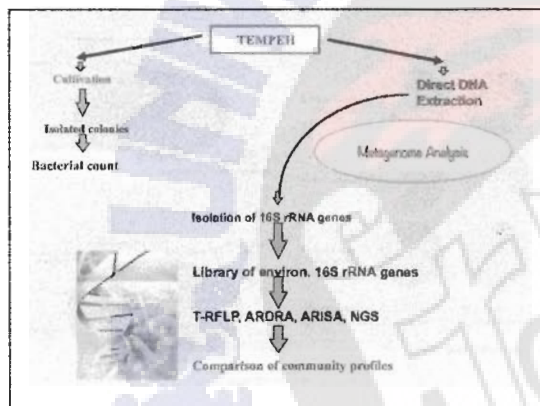
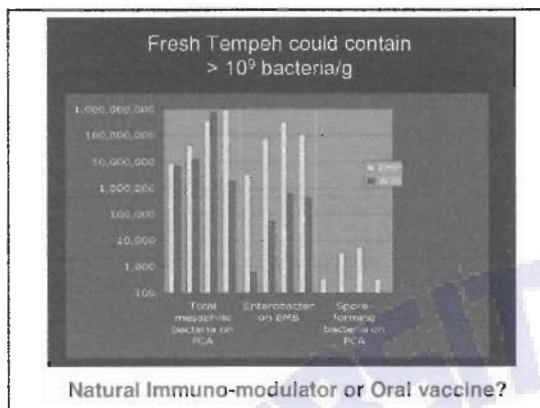
1956

NOT ONLY *Rhizopus*

Ecological studies showed that bacteria also play significant roles in tempeh production

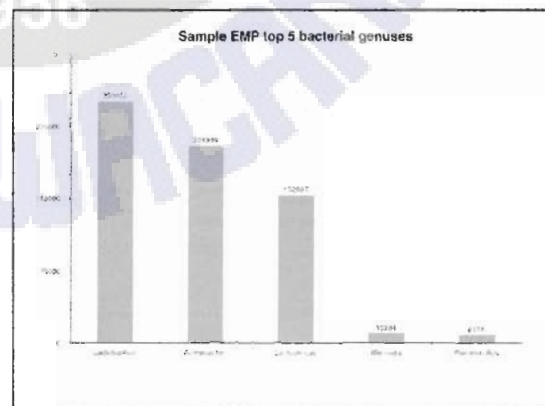
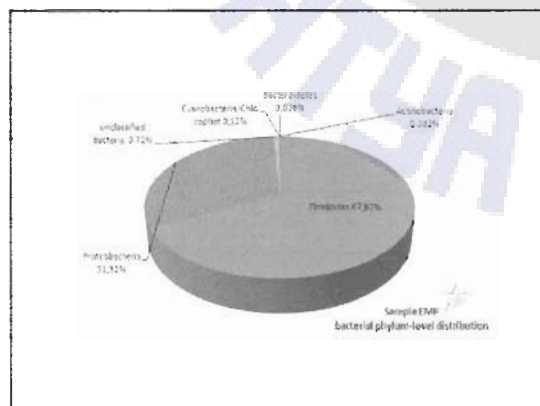
Tempeh: A Poly-microbial Bioconversion

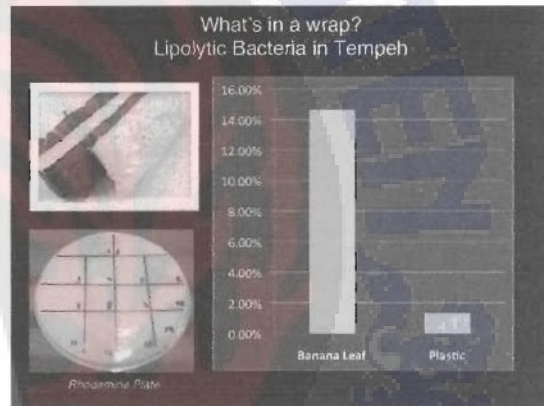
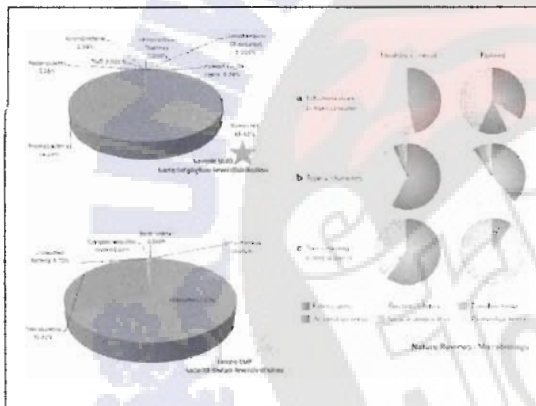
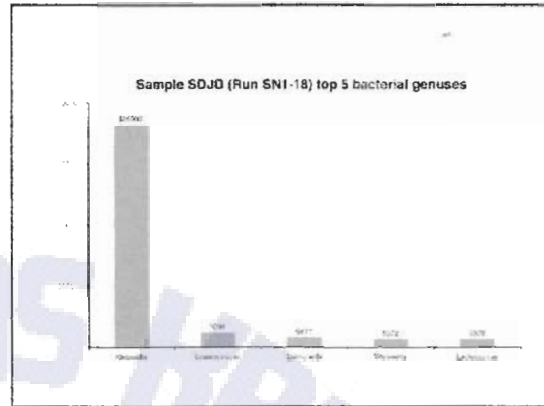
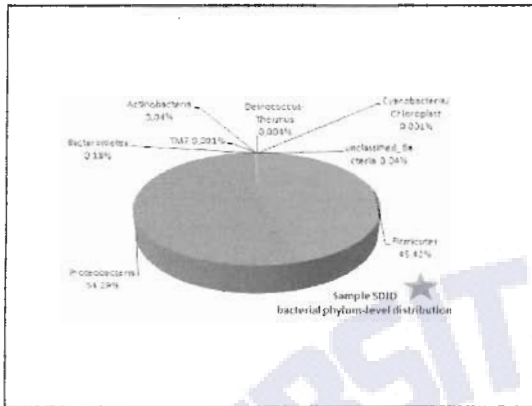




NGS for Tempeh
Semi conductor sequencing

- Ion Torrent 316 Chips with 200 bp sequencing kit
- Generated 2.4 million raw reads with variable lengths
- Data processing: Fastq file. Read length and quality filters; classified using Ribosomal Database Projects (RDP) – Multiclassifier tool
- MG-RAST





Durian Hamwong
 STICKY RICE IN COCONUT CREAM
 Durian Hamwong

Cooking Instruction

Nutrition Information

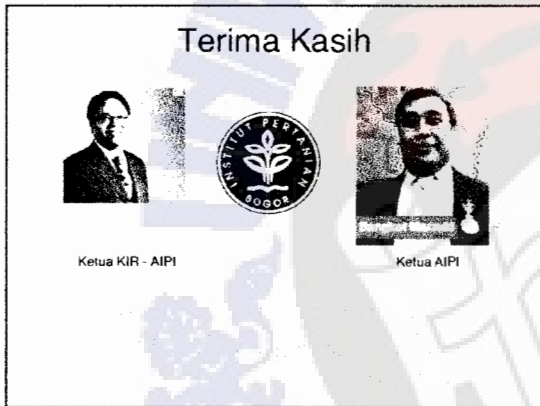
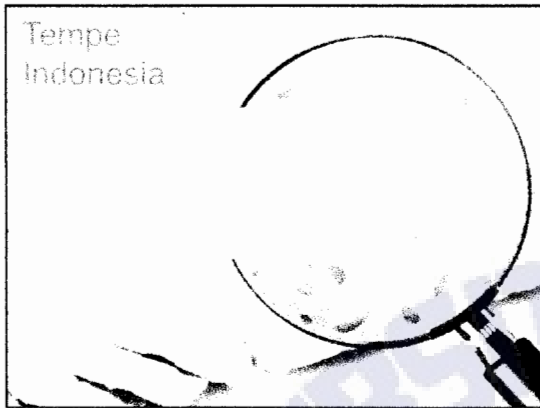
	Per 100g	Per 100g
Energy	141	575
Protein	1.1	4.4
Total Fat	1.1	4.4
Total Carbohydrate	33.1	132.4
Sugars	0.1	0.4
Fiber	0.1	0.4
Sodium	0.1	0.4

Rekayasa Mikrobiom

Tempe yang mana?
Konsistensinya?
QA - QC?

Health, Fitness, Immunity

all my bacteria is good bacteria

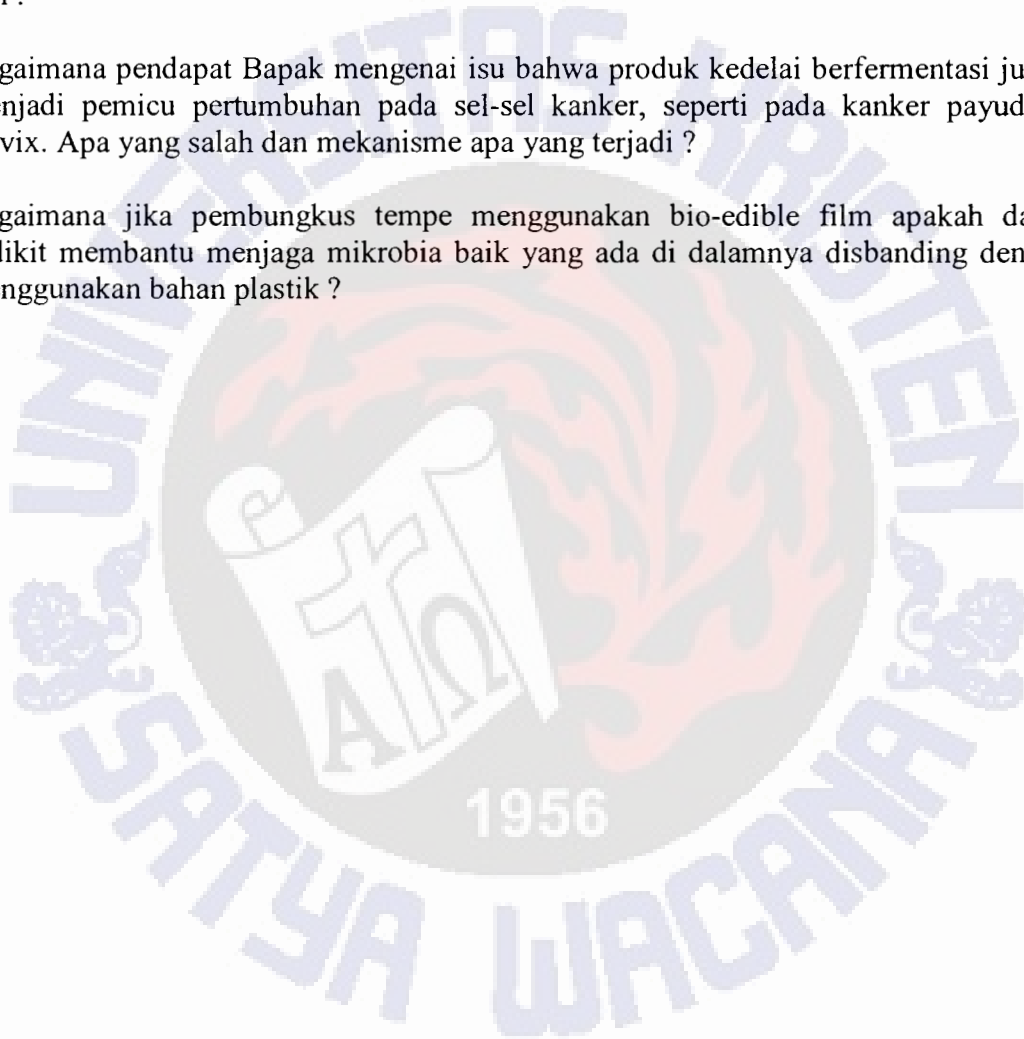


**LEMBAR PERTANYAAN
SEMINAR NASIONAL MIKROBIOLOGI FB-UKSW
SALATIGA, 24 JUNI 2014**

Nama : Retno Wulandari, (Fakultas Teknologi-Univ. Atma Jaya, Yogyakarta)
Ditujukan kepada : Prof. Dr. Antonius Suwanto

Pertanyaan :

1. Bagaimana pendapat Bapak mengenai isu bahwa produk kedelai berfermentasi justru menjadi pemicu pertumbuhan pada sel-sel kanker, seperti pada kanker payudara, servix. Apa yang salah dan mekanisme apa yang terjadi ?
2. Bagaimana jika pembungkus tempe menggunakan bio-edible film apakah dapat sedikit membantu menjaga mikroba baik yang ada di dalamnya dibanding dengan menggunakan bahan plastik ?

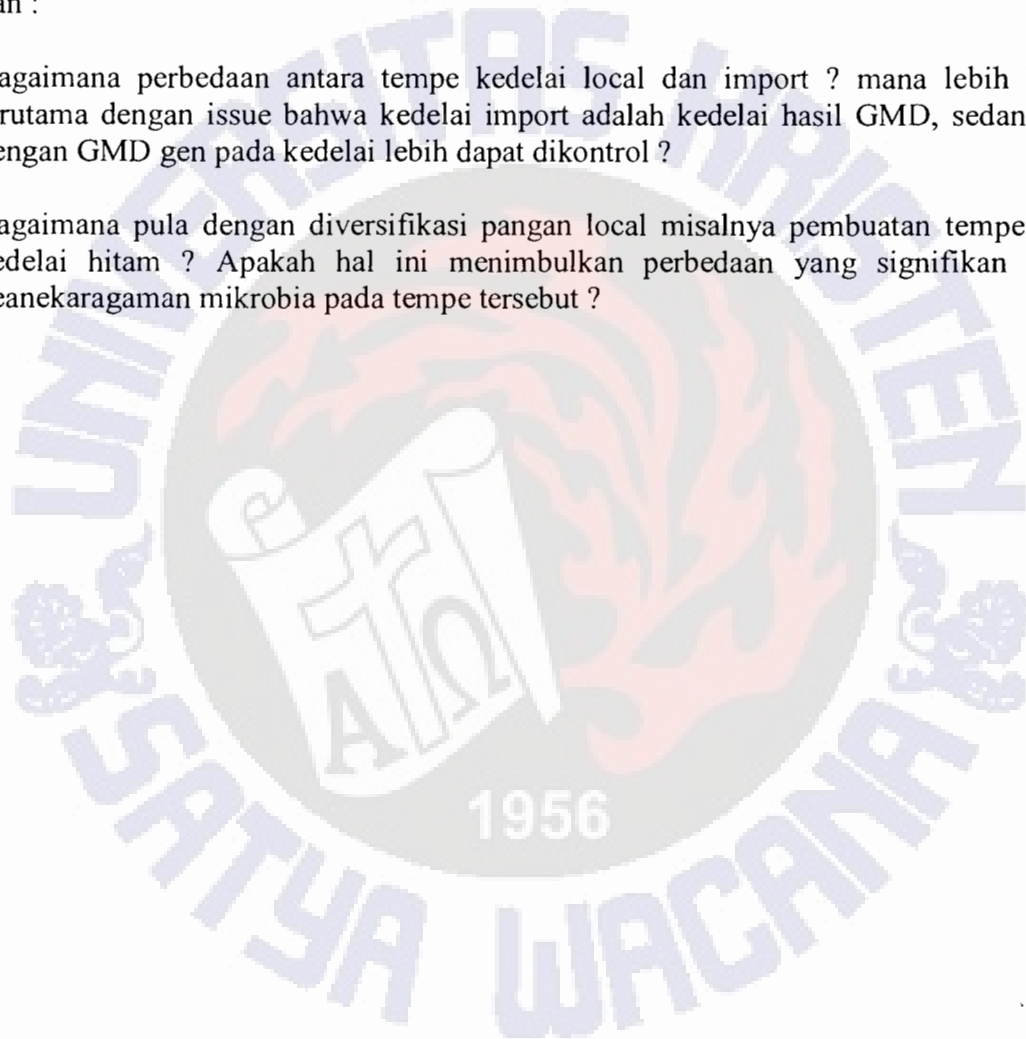


LEMBAR PERTANYAAN
SEMINAR NASIONAL MIKROBIOLOGI FB-UKSW
SALATIGA, 24 JUNI 2014

Nama : Jacqueline Hayu Sri Lestari
Ditujukan kepada : Prof. Dr. Antonius Suwanto

Pertanyaan :

1. Bagaimana perbedaan antara tempe kedelai local dan import ? mana lebih baik, terutama dengan issue bahwa kedelai import adalah kedelai hasil GMD, sedangkan dengan GMD gen pada kedelai lebih dapat dikontrol ?
2. Bagaimana pula dengan diversifikasi pangan local misalnya pembuatan tempe dari kedelai hitam ? Apakah hal ini menimbulkan perbedaan yang signifikan pada keanekaragaman mikrobial pada tempe tersebut ?

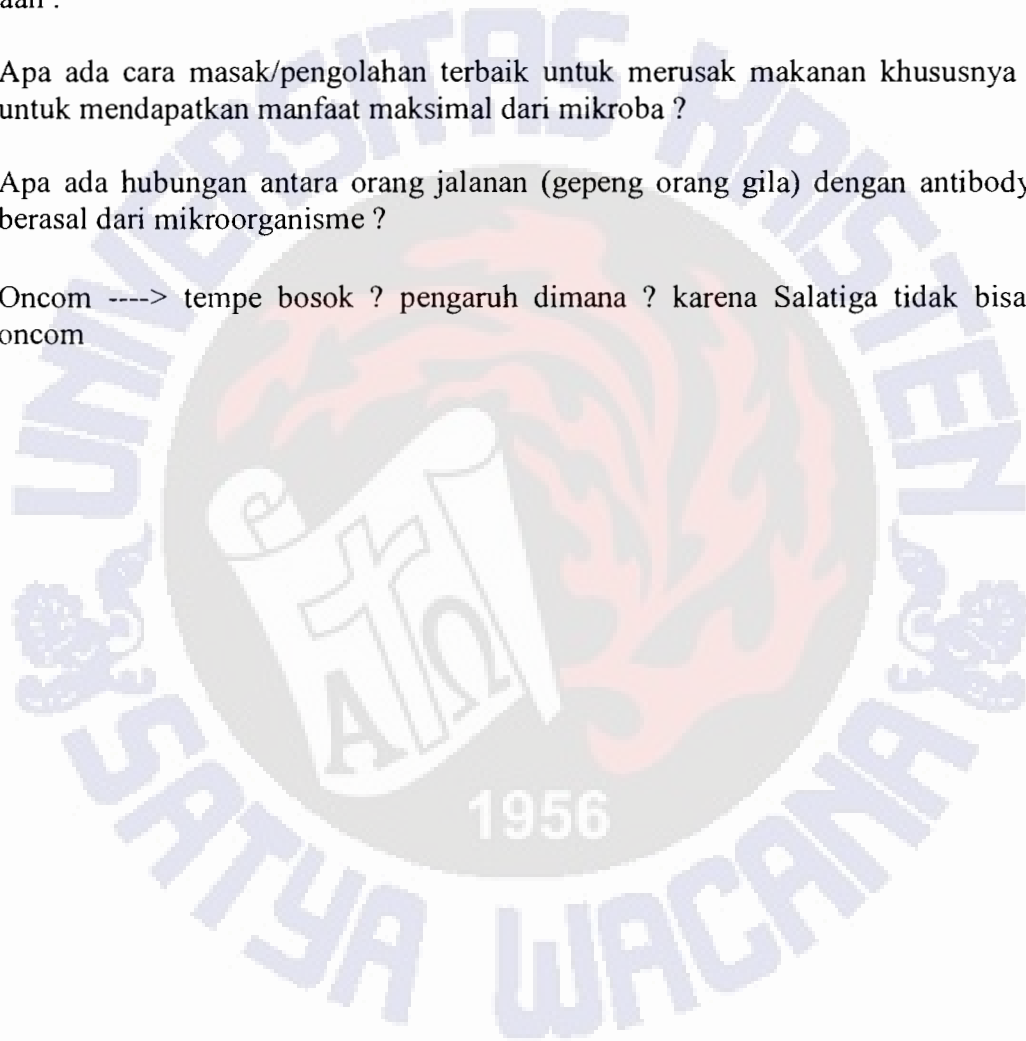


**LEMBAR PERTANYAAN
SEMINAR NASIONAL MIKROBIOLOGI FB-UKSW
SALATIGA, 24 JUNI 2014**

Nama : Richard d. Anggada
Ditujukan kepada : Prof. Dr. Antonius Suwanto

Pertanyaan :

1. Apa ada cara masak/pengolahan terbaik untuk merusak makanan khususnya tempe untuk mendapatkan manfaat maksimal dari mikroba ?
2. Apa ada hubungan antara orang jalanan (gepeng orang gila) dengan antibody yang berasal dari mikroorganisme ?
3. Oncom ----> tempe bosok ? pengaruh dimana ? karena Salatiga tidak bisa bikin oncom

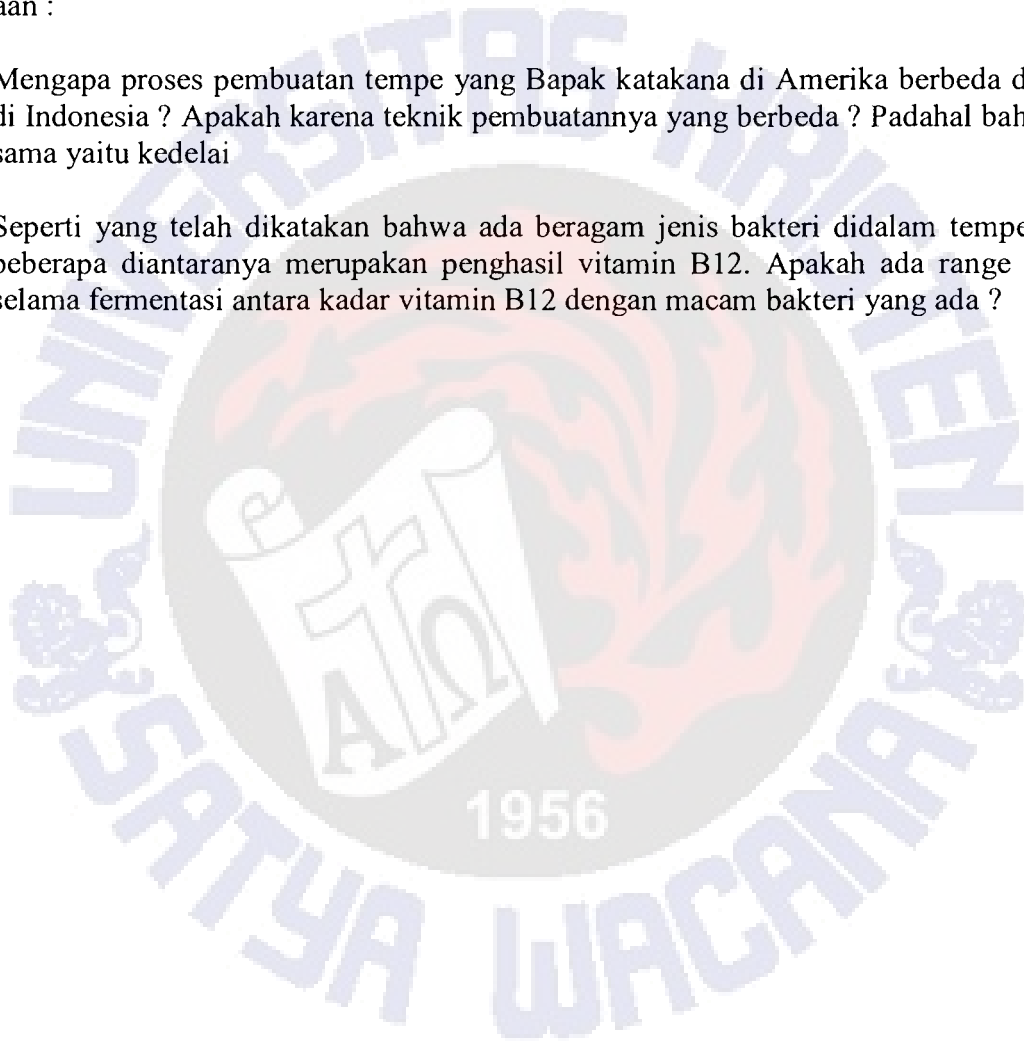


**LEMBAR PERTANYAAN
SEMINAR NASIONAL MIKROBIOLOGI FB-UKSW
SALATIGA, 24 JUNI 2014**

Nama : Lovely E.Lelatobur (412012014@student.uksw.edu)
Ditujukan kepada : Prof. Dr. Antonius Suwanto

Pertanyaan :

1. Mengapa proses pembuatan tempe yang Bapak katakan di Amerika berbeda dengan di Indonesia ? Apakah karena teknik pembuatannya yang berbeda ? Padahal bahannya sama yaitu kedelai
2. Seperti yang telah dikatakan bahwa ada beragam jenis bakteri didalam tempe yang beberapa diantaranya merupakan penghasil vitamin B12. Apakah ada range waktu selama fermentasi antara kadar vitamin B12 dengan macam bakteri yang ada ?



LEMBAR PERTANYAAN
SEMINAR NASIONAL MIKROBIOLOGI FB-UKSW
SALATIGA, 24 JUNI 2014

Nama : Catherine Tiara (cath.kath@gmail.com)
Ditujukan kepada : Prof. Dr. Antonius Suwanto

Pertanyaan :

1. Apakah mungkin untuk dilakukan metagenome analysis menggunakan peralatan standar laboratorium molekuler ?
Jika iya, sequencing dilakukan untuk total genomic atau fragmen tertentu genom ?
Bagaimana (latar belakang : begitu beragam pangan hasil fermentasi di Indonesia selain tempe, untuk dipaparkan/dikaji secara metagenome analysis, keragaman mikroba-nya) metode tersebut dilakukan ?
- 2.

